

Privacy Policy for Thoughtful Therapies LLC

Effective Date: 2023

Last Updated: 2024

Thoughtful Therapies LLC ("we," "our," "us") is committed to protecting the privacy of visitors to our website <https://www.thoughtfultherapiesllc.com> (the "Website") and ensuring that personal information is handled in a secure and responsible manner. This Privacy Policy explains how we collect, use, and disclose personal information collected through the Website.

By accessing or using our Website, you agree to this Privacy Policy. If you do not agree, please do not use the Website.

1. Information We Collect

We may collect the following types of information when you use our Website:

- **Personal Information:** Information that identifies you personally, such as your name, email address, phone number, or mailing address, which you provide voluntarily when you fill out forms on the Website (e.g., booking appointments, subscribing to newsletters).
- **Non-Personal Information:** Information that does not identify you personally, such as your IP address, browser type, and website usage data (e.g., pages visited, duration of visit). This may be collected automatically through cookies and other tracking technologies.

2. How We Use Your Information

We use the information collected from you to:

- Provide and improve the services offered through our Website.
- Respond to your inquiries or process your requests (e.g., scheduling appointments, answering questions).
- Communicate with you about updates, promotions, or changes to our services (you can opt out of marketing communications at any time).
- Ensure the security and proper functioning of our Website.
- Comply with applicable laws, including HIPAA regulations, if we handle any Protected Health Information (PHI).

3. How We Protect Your Information

We take the protection of your information seriously and implement various security measures to safeguard your personal data, including:

- Encryption of data transmitted over the internet.

- Secure storage of personal and health information in compliance with HIPAA and other relevant privacy regulations.
- Restricting access to your information to only those employees or third parties who need it to perform specific tasks.

However, no system is entirely secure, and we cannot guarantee the complete security of your personal data. You share information with us at your own risk.

4. HIPAA Compliance

As a healthcare provider, Thoughtful Therapies LLC may collect, store, and use Protected Health Information (PHI) as necessary to provide healthcare services. We comply with the Health Insurance Portability and Accountability Act (HIPAA) and safeguard your PHI in accordance with HIPAA regulations. For more details on how we handle PHI, please contact us directly.

5. Cookies and Tracking Technologies

We may use cookies and similar tracking technologies to collect non-personal information and improve your experience on our Website. Cookies allow us to:

- Track how users navigate our site.
- Analyze Website traffic.
- Personalize content and ads.

You can control the use of cookies through your browser settings, and you can choose to disable them, though this may impact your experience on our Website.

6. Third-Party Links

Our Website may contain links to third-party websites that are not controlled or operated by Thoughtful Therapies LLC. We are not responsible for the privacy practices or content of these third-party sites. Please review the privacy policies of any third-party sites you visit.

7. Sharing Your Information

We will not sell, rent, or trade your personal information. We may share your personal data with:

- **Service Providers:** Third parties who assist in providing services, such as payment processors, IT support, or email marketing services. These service providers are required to protect your information and use it solely for the services they provide.
- **Legal Requirements:** If required by law or to protect the rights, property, or safety of Thoughtful Therapies LLC, our users, or others, we may disclose your information to appropriate authorities.

8. Your Rights

You have certain rights regarding the personal information we collect, including:

- **Access and Update:** You can request access to the personal data we hold about you and request that we correct or update any inaccurate information.
- **Opt-Out of Marketing Communications:** You can opt out of receiving marketing emails by following the unsubscribe instructions in the emails.
- **Data Deletion:** You may request that we delete your personal information, subject to certain legal requirements or legitimate business purposes for retaining data.
- **Privacy Rights in Massachusetts:** If you are a resident of Massachusetts, you have additional privacy rights under state law. Please contact us for more details about how we protect your information in compliance with Massachusetts regulations.

9. Children's Privacy

Our Website is not intended for use by children under the age of 13. We do not knowingly collect personal information from children. If we become aware that we have collected information from a child, we will take immediate steps to delete such data.

10. Changes to This Privacy Policy

We reserve the right to modify this Privacy Policy at any time. Any changes will be posted on this page with an updated date. Your continued use of the Website following the posting of changes constitutes your acceptance of those changes.

11. Contact Us

If you have any questions about this Privacy Policy, your personal data, or how we handle your information, please contact us at:

Thoughtful Therapies LLC

Email: info@thoughtfultherapiesllc.com

Phone: (508) 905-5608

Mailing Address: PO Box 75, Raynham, Massachusetts, USA